

Using Science to Clean for Health

90 Point Residential Checklist*

<u>Kitchen</u>		Foyer	, Living, Family, Dining, Office, Bedroom
	Sanitize counters- move everything	<u>& Other (Dry) Rooms</u>	
	Spot clean fronts of cabinets & sanitize		Spot clean doors, jambs, knobs, & hinges
	hardware		Cobweb check behind each door & under
	Wipe down kitchen table and chairs (chairs		blinds/curtains
	uniform around table)		Wipe window sills, ledges & tracks
	Wipe down exterior of dishwasher		Sanitize light switches & surrounding area
	Clean inside/outside of microwave		Spot check windows/sliders
	Clean outside of stove top-trays & knobs		Floors vacuumed (under bed if possible)
	Wipe down exterior oven & interior glass		and clean
	(inside upon request)		Dust objects/knick-knacks/pictures
	Clean and polish oven hood (top & under,		Remove garbage
	soak filters as needed)		Lamps and shades dusted
	Wipe window sills & ledges		Vacuum upholstery
	Clean window (above sink) as needed		Vacuum vent grills (look up)
	Empty garbage (clean receptacle)		Clean mirrors
	Spot clean front, top and sides of fridge		Polish wood
	(interior upon request), remove & clean		Dust fans/light fixtures
	water tray		Shake out/vacuum rugs
	Wipe down small appliances		Dust baseboards
	Vacuum rugs (get underneath) and floors		Check under cushions and rotate
	Long dust for cobwebs under cabinets		Plump & straighten pillows
	(check corners)		Dust blinds (both sides & under)
	Floors vacuumed and mopped (checking for debris/cobwebs under counters)		Straighten books & magazines
	Clean light fixtures (in place)	Bathr	ooms
	If less than 5 dishes in sink, load into		Sanitize counters and polish faucet
	dishwasher		Clean soap dish/container(s)
	Check that chrome is dry/streak free		Scrub tub/shower- floor, walls, tracks &
	Fold towels squarely		grout -dry
	Scrub/disinfect sink & drain (garbage		Shine glass
	disposal bumper)		Scrub and sanitize all surfaces of toilet &
	Clean soap dispenser		check with UV light (close lid)
			Clean light fixture
			Clean mirrors
			Dust and replace knick-knacks
			Empty garbage, clean receptacle
			Clean towel racks & tidy towels
			Dust shelves
			Clean toilet paper dispenser & fold paper
			Clean floors by hand
			Clean door

☐ Clean light switches and electrical plates

Dust baseboards

Laundry Room/Utility Room	<u>Finally</u>			
 □ Wipe down washer/dryer (include intelip) □ Clean sinks/scrub counters □ Polish & center hardware □ Wipe cabinets/dust shelves □ Check for cobwebs □ Dust blinds and window sills □ Dust baseboards □ Spot check door □ Sanitize light switch & electrical plates □ Clean door(s) □ Vacuum & mop 	□ Lights off □ Check air conditioning/heat □ Close & lock doors and windows □ Set Alarm Extras (Let us know if you would like) □ Sanitize & organize fridge □ Clean oven □ Change bedding (\$18 per bed) □ Professional carpet cleaning □ Professional upholstery cleaning			
Hallways, Stairs, and Staircase Wipe down rails Dust blinds and window sills Check for cobwebs Dust baseboards Vacuum or wipe down stairs Spot clean walls Dust artwork Wipe down and vacuum interior of closdoor is open)	□ Professional tile & grout cleaning □ Professional window cleaning □ Special hard water removal □ UV light Analysis □ Laundry washed, dried, and/or folded (if provided with the necessary instructions/guidance) set (if			
*Some of these tasks will be rotated as needed				
Date: CI	eaning Technician:			
Notes:				